

CURRICULUM VITAE

Onna R. Brewer, Ph.D. (née Van Orden)

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PROFESSIONAL LICENSURE: Licensed Psychologist, State of Florida (PY10655)

EDUCATION

- 2013 Ph.D., Human Services Psychology
University of Maryland, Baltimore County (UMBC)
Concentrations: Clinical Psychology/Behavioral Medicine (APA-Accredited)
Dissertation: *The influence of event-level factors and processes of change on safe sex and alcohol use among HIV+ men who have sex with men*
Advisor: Carlo C. DiClemente, Ph.D., ABPP
- 2010 M.A., Human Services Psychology
University of Maryland, Baltimore County (UMBC)
- 2005 B.A., Psychology (*magna cum laude*)
University of South Florida

CLINICAL POSITIONS

- 2020 – Present Licensed Psychologist & Owner, Brewer Behavioral Health, LLC, Tallahassee, FL
Private practice, training and consultation for helping professionals in evidence-based, person-centered, and process-based behavioral interventions including Motivational Interviewing
- 2014 – 2017 Staff Psychologist, Veterans Health Administration (VHA)
William S. Middleton Memorial Veterans Hospital, Madison, WI
Mental Health Service Line: Outpatient Mental Health Clinic, Trauma Recovery Program, and DBT Team
VA National Evidence-Based Psychotherapy Training Initiative: Motivational Interviewing Regional Trainer and Consultant
- 2013 – 2014 Postdoctoral Fellow, Veterans Health Administration (VHA)
APA-Accredited PTSD Emphasis Program
VA Maryland Health Care System, Baltimore, MD
Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury, DVBIC Headquarters, Silver Spring, MD

- 2012 – 2013 Pre-doctoral Intern, VA Maryland Health Care System/University of Maryland at Baltimore Psychology Internship Consortium, Baltimore, MD
APA-Accredited Clinical Psychology Comprehensive Track
- 2010 – 2011 Behavioral Health Extern, Addictions & Behavioral Health Programs
Chase Brexton Health Services, Inc., Baltimore, MD
- 2009 – 2010 Psychology Extern, Women’s Mental Health Clinic
VA Maryland Health Care System, Baltimore, MD
- 2009 Psychology Extern, New Behaviors Program
Domestic Violence Center of Howard County, Columbia, MD
- 2008 – 2009 Psychology Extern, Trauma Recovery Program
VA Maryland Health Care System, Baltimore, MD
- 2007 – 2008 Psychology Extern, Neuropsychology Service
VA Maryland Health Care System, Baltimore, MD
- 2004 – 2006 Residential Advocate, Access Manor Group Home
Northside Mental Health Center, Tampa, FL

ACADEMIC APPOINTMENTS

- 2017 – 2020 Assistant Professor (Tenure Track), Department of Psychology
Rockford University, Rockford, IL
- 2011 Adjunct Professor, Division of Applied Behavioral Sciences, Masters in Applied
Psychology Program, Yale Gordon College of Arts & Sciences
University of Baltimore, Baltimore, MD
- 2006 Teaching Assistant, Psychology Department
University of Maryland, Baltimore County (UMBC), Baltimore, MD

ACADEMIC SERVICE

TEACHING RESPONSIBILITIES, ROCKFORD UNIVERSITY (2017-2020):

Introduction to Psychology (PSYC 100); Brain and Behavior (PSYC 212); Research Methods in Psychological Science II (PSYC 300); Psychology of Personality (PSYC 335); Health Psychology (PSYC 340); Psychological Disorders (PSYC 357); Brief Interventions for Helping Professions (PSYC 358)

SERVICE TO ROCKFORD UNIVERSITY:

Academic Standards Committee	2018 – 2020
General Education Assessment Data Team	2018 – 2019
Psi Chi Faculty Co-Advisor	2017 – 2018

RESEARCH POSITIONS

- 2015 – 2017 Therapist, Cognitive Processing Therapy
Comparative Effectiveness Research in Veterans with PTSD (CERV-PTSD Study)
VA Cooperative Studies Program (CSP)/VA Office of Research and Development
- 2010 – 2012 Lab Coordinator, Health & Addictive Behaviors: Investigating Transtheoretical
Solutions (HABITS) Lab, Department of Psychology, University of Maryland,
Baltimore County
Principal Investigator: Carlo DiClemente, Ph.D., ABPP
- 2011 – 2012 Project Manager, “No Wrong Door” Behavioral and Sexual Health Integrated Care
Funding: Maryland Department of Health and Mental Hygiene, SAMHSA
Center for Community Collaboration, Department of Psychology, UMBC
Principal Investigator: Carlo DiClemente, Ph.D., ABPP
- 2009 – 2011 Project Assistant, Behavioral Health Screening, Brief Intervention, and Referral to
Treatment (SBIRT) in HIV Care
Funding: Maryland Department of Health and Mental Hygiene, CDC
Center for Community Collaboration, Department of Psychology, UMBC
Principal Investigator: Carlo DiClemente, Ph.D., ABPP
- 2006 – 2009 Center Specialist, Maryland Resource Center for Quitting Use and Initiation of
Tobacco (MDQuit)
Funding: Maryland Department of Health and Mental Hygiene
Department of Psychology, UMBC
Center Director: Carlo DiClemente, Ph.D., ABPP
- 2006 Research Assistant, Human Vision, Design, & Cognition Lab
Department of Psychology, University of South Florida
Principal Investigator: Thomas Sanocki, Ph.D.
- 2004 – 2006 Research Coordinator, Project *RealLife*
Funding: National Institute on Alcohol Abuse and Alcoholism
Alcohol & Substance Use Research Institute
Department of Psychology, University of South Florida
Principal Investigator: Mark Goldman, Ph.D.
- 2003 – 2004 Research Assistant, Speech Perception & Acoustic Analysis Lab
Department of Psychology, The University of Tampa
Principal Investigator: Sonja Trent-Brown, Ph.D.

PUBLICATIONS

- Brewer, O., & Erdem, O. (2020).** Values Activation and Present Bias. *International Journal of Applied Behavioral Economics*, 9(2), 57-69. <http://doi.org/10.4018/IJABE.2020040104>

- Santanello, A. P., Toohey, M. J., **Van Orden, O.**, Soll, M. B., & Batten, S. V. (2017). State Anger, Trait Anger, and Experiential Avoidance in Veterans with PTSD. *Journal of Military and Veterans' Health, 25*, 11-18.
- DiClemente, C. C., Delahanty, J. C., Havas, S. W., & **Van Orden, O. R.** (2015). Understanding self-reported staging of dietary behavior in low-income women. *Journal of Health Psychology, 20*, 741–753.
- DiClemente, C. C., **Van Orden, O.**, Portnoy, G. A., Norwood, A., Gregory, H. & Jordan, L. (2012). *S.B.I.R.T. for Mental Health and Substance Use: Screening, Brief Intervention and Referral to Treatment Implementation Guide for HIV Care Services Programs*. Baltimore: UMBC Center for Community Collaboration.
- Gregory, H. H., **Van Orden, O.**, Jordan, L., Portnoy, G. A., Welsh, E., Betkowski, J., Wolfman Charles, J., & DiClemente, C. C. (2012). New Directions in Capacity Building: Incorporating Cultural Competence into the Interactive Systems Framework. *American Journal of Community Psychology, 50*, 321-333. DOI 10.1007/s10464-012-9508-8
- DiClemente, C. C., **Van Orden, O. R.**, & Wright, K. S. (2011). Motivational Interviewing and Enhancement. In P. Ruiz & E. Strain (Eds.), *Lowinson & Ruiz's Substance Abuse: A Comprehensive Textbook, Fifth Edition* (pp. 622-632). Philadelphia: Lippincott Williams & Wilkins.

PRESENTATIONS & POSTERS

- Bristow, M., **Brewer, O.**, Dopart, S., Ernst, D., & Jürjen, T. (2022, October). *Can we work together? A Panel Discussion of MI Co-Training Benefits and Future Directions*. Selected panel for the Motivational Interviewing Network of Trainers (MINT) Annual Forum, Chicago, IL.
- Brewer, O.** & Lynch, J. (2020, January). *Redesigning Introduction to Psychology: Applying New Frameworks and Assessing Critical Thinking Outcomes*. Poster presented at the National Institute on the Teaching of Psychology, St. Pete Beach, FL.
- Frazier, E. & **Van Orden, O.** (2016, April). *Cognitive Behavioral Therapy for Insomnia with hypnotic medication tapering component*. Poster presentation at the Annual College of Psychiatric and Neurologic Pharmacists Meeting, Colorado Springs, CO.
- Lickel, J., Gutierrez, B., Messina, M., **Van Orden, O.**, & Francois, S. C. (2015, November). *Video telehealth versus face-to-face evidence-based psychotherapy among a military veteran outpatient clinic population: Therapy retention, working alliance, and outcomes*. Poster presented at the Association for Behavioral and Cognitive Therapies 49th Annual Convention, Chicago, IL.
- Van Orden, O.** (2013, July). *ACT and MI: Lessons from a Combined Group Intervention*. Paper presented at the Association for Contextual Behavioral Sciences World Conference XI, Sydney, NSW, AUS.
- Delahanty, J. C., DiClemente, C. C., **Van Orden, O.**, & Fiedler, R. (2012, March). *Sequence and patterns of smoking, alcohol, and marijuana initiation in a statewide survey of adolescents*. Poster presented at the Society for Research on Nicotine & Tobacco's 18th Annual Meeting, Houston, TX.

- Welsh, E. A., **Van Orden, O.**, Gregory, H., Jordan, L., & DiClemente, C. C. (2010, March). *Utilizing motivational and stage-based training to support effective implementation of evidence-based approaches*. Poster presented at the 3rd Annual NIH Conference on the Science of Dissemination and Implementation, Bethesda, MD.
- Van Orden, O.** & DiClemente, C. C. (2010, February). *Biopsychosocial differences between nondaily and daily smokers in a web-based college sample*. Poster presented at the Society for Research on Nicotine & Tobacco's 16th Annual Meeting, Baltimore, MD.
- Van Orden, O.**, Lee-Wilk, T., Dischinger, P. C., Kufera, J. A., Auman, K. M., Baldwin, B., Murdock, K. R., & Kane, R. L. (2009, February). *Performance on a computerized measure of attention as a predictor of persistent cognitive symptoms following mild traumatic brain injury*. Poster presented at the International Neuropsychological Society 37th Annual Meeting, Atlanta, GA.
- Lee-Wilk, T., Dischinger, P. C., Dux, M., Kufera, J. A., **Van Orden, O.**, Auman, K. M., Murdock, K. R., & Kane, R. L. (2009, February). *Comparison of the ARES for PALM OS Handheld PDA and ANAM™ computerized test platforms in mild traumatic brain injury*. Poster presented at the International Neuropsychological Society 37th Annual Meeting, Atlanta, GA.
- Greene, P., **Van Orden, O.**, DiClemente, C. C., & Soderstrom, C. (2008, July). *Predicting drinking change following Screening and Brief Interventions (SBI) for alcohol-involved trauma patients*. Poster presented at the 2008 Joint Scientific Meeting of the Research Society on Alcoholism and the International Society for Biomedical Research on Alcoholism (RSA/ISBRA), Washington, DC.
- Van Orden, O.**, Dischinger, P. C., Lee-Wilk, T., Kufera, J. A., Auman, K. M., Murdock, K. R., & Kane, R. L. (2008, June). *Predicting change in performance on a computerized measure of attention after mild Traumatic Brain Injury*. Poster presented at the 6th Annual Conference of the American Academy of Clinical Neuropsychology (AACN), Boston, MA.

PEER REVIEW

Ad hoc reviewer, *Journal of Psychoeducational Assessment*

2017

PROFESSIONAL WORKSHOPS & TRAININGS (Facilitated):

- Brewer, O.** (2022, July). *CDP Presents: Dancing with Ambivalence in Psychotherapy: Moving between Motivational Interviewing and EBPs with Balance and Grace*. Webinar for the Center for Deployment Psychology, Uniformed Services University of the Health Sciences, Bethesda, MD.
- Brewer, O.** & Bristow, M. (2021, November). *Training Together While Worlds Apart*. Selected workshop for the Motivational Interviewing Network of Trainers (MINT) Annual Forum held virtually.
- Brewer, O.** (2021, May). *CDP Presents: Motivational Interviewing and its Synergy with other Evidence-Based Practices*. Webinar for the Center for Deployment Psychology, Uniformed Services University of the Health Sciences, Bethesda, MD.

- Brewer, O.** (2019, October). *Revisiting Motivational Interviewing: Evoking Change through Conversation*. Faculty Brown Bag Series, Rockford University, Rockford, IL.
- Brewer, O.** (2019, April). *Conversations that Connect: How Learning Motivational Interviewing Can Help You Help Students*. Faculty Brown Bag Series, Rockford University, Rockford, IL.
- Link, C. & **Brewer, O.** (2017, April). *Regional Motivational Interviewing and Motivational Enhancement Therapy (MI/MET) Training*. Three-day experiential and didactic workshop as part of a VA Central Office-approved Regional evidence-based psychotherapy rollout training. William S. Middleton Memorial VA Medical Center, Madison, WI.
- Van Orden, O.** & Faris, A. (2015, December). *Motivational Interviewing*. Two-day experiential and didactic workshop in Motivational Interviewing as part of a VA Central Office-approved outside rollout EBP training. Rockford VA Outpatient Clinic, Rockford, IL.
- Van Orden, O.** (2014, April). *An Introduction to Acceptance and Commitment Therapy: A Third Wave Approach*. Presentation for Maryland Psychological Association of Graduate Students (MPAGS) Annual Convention, Columbia, MD.
- Wolfman-Charles, J. & **Van Orden, O.** (2014, January). *Motivational Interviewing: Effective Strategies for Engaging Student Veterans*. Workshop for counselors at the Towson University Counseling Center, Towson, MD.
- Wolfman-Charles, J. & **Van Orden, O.** (2014, January). *Motivational Interviewing: Effective Strategies for Engaging Student Veterans*. Two-day workshop for counselors at the Community College of Baltimore County, Catonsville, MD.
- Ming Foyne, M. & **Van Orden, O.** (2013, November). *Promoting Recovery from Military Sexual Trauma: Opportunities for Chaplains*. Webinar prepared and presented in collaboration with the VA National Military Sexual Trauma Support Team for the national Chaplains Working Group, Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury, Crystal City, MD.
- DiClemente, C. C., **Van Orden, O.** (2013, March). *Motivational Interviewing*. Presentation for VA Maryland/UMB Psychology Internship Consortium Didactics Seminar, Baltimore, MD.
- Van Orden, O.** & Delahanty, J. (2012, June). *Stages of Change & Stage-Based Brief Interventions for Tobacco Cessation: MDQuit's Fax to Assist Program*. Professional training provided for Family Services, Inc. Gaithersburg, MD.
- DiClemente, C. C., **Van Orden, O.**, & Gregory, H. (2012, March). *Motivational Interviewing*. Professional training for providers at Health Care for the Homeless, Inc. Baltimore, MD.
- DiClemente, C. C., **Van Orden, O.**, & Gregory, H. (2012, January). *Stage-based Care for Multiple Health Behaviors*. Professional training for health-care providers at Prince George's County Health Department, HIV/AIDS Program. Cheverly, MD.
- Van Orden, O.** & Thrash, S. (2011, November). *Stages of Change & Stage-Based Brief Interventions for Tobacco Cessation: MDQuit's Fax to Assist Program*. Professional training provided for Our Daily

Bread, Catholic Charities of Baltimore, and University of Maryland School of Nursing, Department of Family and Community Health. Baltimore, MD.

Gregory, H. & **Van Orden, O.** (2011, March; 2010, December). *Mental Health 101 & 102*. Professional trainings provided for Park West Hidden Garden HIV Care Services Program. Baltimore, MD.

DiClemente, C. C., **Van Orden, O.**, & Portnoy, G. (2011, February). *Screening, Brief Intervention, and Referral to Treatment (SBIRT) for Outreach*. Professional training provided for Total Health Care, Inc. Baltimore, MD.

Van Orden, O. (2010, June). *Motivational Enhancement and Interviewing Approaches*. Workshop presented to Managed Care Clinical Center Retreat, VA Maryland Health Care System. Baltimore, MD.

Jordan-Green, L. & **Van Orden, O.** (2010, April). *Motivational Interviewing for Clinical Supervisors*. Professional training provided for Health Care for the Homeless, Inc. Baltimore, MD.

Gregory, H., Welsh, E., & **Van Orden, O.** (2010, March). *Motivational Interviewing Basics*. Professional training provided for Health Care for the Homeless, Assertive Community Treatment Team. Baltimore, MD.

PROFESSIONAL WORKSHOPS & TRAININGS (Completed):

Dennis Tirch, PhD & Laura Silberstein-Tirch, PhD. (2020, July-September). *Foundations of Compassion Focused Therapy*. Online, 16-hour CE activity sponsored by Praxis CET and the Institute for Better Health, CA.

Kristin Neff, PhD & Chris Germer, PhD. (2018, April). *Mindful Self-Compassion: Core Skills Training*. Center for Mindful Self Compassion, Holy Wisdom Monastery, Madison, WI.

Daniel Mullin, PsyD, MPH, Eileen Britt, PhD, LaDonna Saxon, PhD, & Margo Bristow, MA. (2017, October). *Training of New Trainers*. Motivational Interviewing Network of Trainers (MINT), Malahide, Ireland.

Laura Meyer, PhD. (2016, April). *Dialectical Behavior Therapy*. VA National Evidence-Based Psychotherapy Training Initiative, Department of Veterans Affairs, William S. Middleton Memorial Veterans Hospital, Madison, WI.

Michelle Drapkin, PhD. (2015, April). *Motivational Interviewing (MI) and Motivational Enhancement Therapy (MET) Consultant Training*. VA National Motivational Interviewing Training Program, Department of Veterans Affairs, Philadelphia, PA.

Michael Perlis, PhD. (2015, February). *Cognitive Behavioral Therapy for Insomnia*. VA National Evidence-Based Psychotherapy Training Initiative, Department of Veterans Affairs, San Antonio, TX.

Roksana Korczynsky, PhD. (2014, March). *VA Regional Training in Cognitive Processing Therapy for PTSD*. National Training Program in Evidence-Based Psychotherapy for PTSD for “CPT Provider” status, Department of Veterans Affairs, Baltimore, MD.

Emily Sandoz, PhD & Russ Harris, PhD. (2013, July). *Fluent and Flexible Acceptance and Commitment Therapy on the Fly*. Pre-Conference Workshop, Association of Contextual Behavioral Sciences World Conference XI, New South Wales, Australia.

PROFESSIONAL SERVICE

Chair, Nominating Committee
Motivational Interviewing Network of Trainers (MINT) 2023 – Present

Psychosocial Facilitator
Casting for Recovery, Florida Chapter 2023 – Present

Member, Nominating Committee
Motivational Interviewing Network of Trainers (MINT) 2021 – 2023

PROFESSIONAL AFFILIATIONS

Member, National Register of Health Services Psychologists 2020 – Present
Member, Florida Psychological Association 2020 – Present
Member, Motivational Interviewing Network of Trainers (MINT) 2017 – Present
Member, American Psychological Association 2014 – Present
Member, Association for Contextual Behavioral Science 2014 – 2022
Member, Association for Psychological Science (APS) 2018 – 2020
Member, Maryland Psychological Association 2015 – 2016
Member, Association of VA Psychologist Leaders, Early Career Psychologists 2014 – 2016

HONORS & AWARDS

MyVA Team Award, William S. Middleton Memorial VA Medical Center 2016

Outstanding Intern of the Year, VA Maryland Health Care System/
University of Maryland at Baltimore Psychology Internship Consortium 2013